

**89 (Pacific) Royal Canadian Air Cadet Squadron**

**April 12-14, 2019 Spring FTX**

**Alberthead**

**Kit List**

**If you don't have everything on the list, please inform a senior cadet.**

1. Warm Sleeping Bag
2. Sleeping Pad / Air Mattress (approx. 2.0m x 0.8m)
3. Light pants x 2—NO JEANS
4. Warm pants / Sweat pants x 2—NO JEANS
5. Warm sweater / sweat top x 2
6. T-Shirt x 3
7. Warm socks x 5
8. Underwear x 5
9. Gloves or mittens
10. Tilley hat or baseball cap
11. Toque
12. Warm jacket (it can be very cold at night)
13. Rain gear (poncho or jacket and pants)
14. Hiking boots
15. Running shoes (they will get dirty)
16. Towel and face cloth
17. Toothbrush
18. Toothpaste
19. Brush and comb
20. Soap
21. Deodorant
22. Lip balm with SPF
23. Sun block
24. Shaving kit for males
25. Hair elastics for females
26. Female only – sanitary products
27. Back Pack for field training equipment
28. Canteen or water bottle (min. 1 L)
29. Writing material: notebook and pens
30. Sunglasses (non-shiny reflective)

**OPTIONAL KIT LIST**

1. Field Training Uniform (Olive Drab Combats) Uniform, headdress and boots.
2. Flash light with extra batteries
3. Small pillow

*Do not bring any weapons, food, or anything else that is not tolerated at cadet functions (specifically any substances – i.e. alcohol, cigarettes, or anything illegal.*